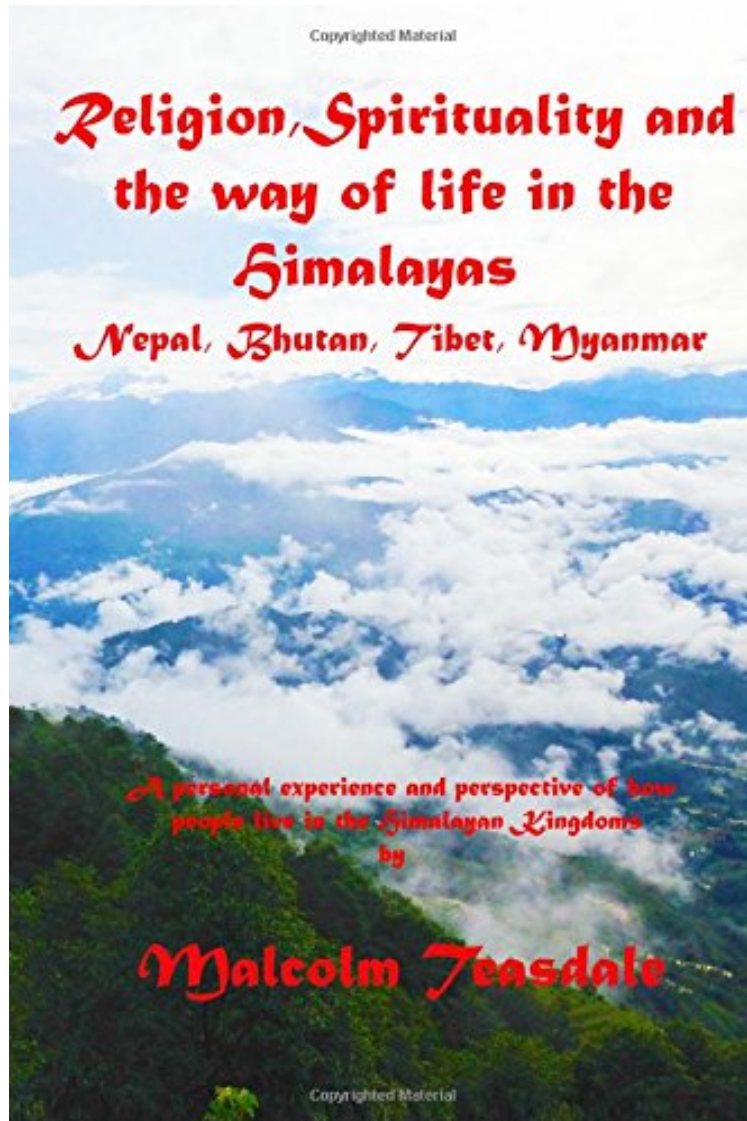


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## Religion, Spirituality, and the way of life in the Himalayas: Nepal, Bhutan, Tibet, Myanmar (Full Color Version)

*Malcolm Teasdale*

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#8947605 in Books 2016-08-16Original language:English 9.00 x .38 x 6.00l, #File Name: 1535366001158 pages | File size: 35.Mb

Malcolm Teasdale : Religion, Spirituality, and the way of life in the Himalayas: Nepal, Bhutan, Tibet, Myanmar (Full Color Version) before purchasing it in order to gage whether or not it would be worth my time, and all praised Religion, Spirituality, and the way of life in the Himalayas: Nepal, Bhutan, Tibet, Myanmar (Full Color

Version):

This book details my experiences in the Himalayan regions of Nepal, Bhutan, Tibet, and Myanmar. In an effort to become more educated about the way of life of its peoples, I discovered that religion is such an important part of their everyday life. Also, as the lands become more integrated into the mountains, the feeling of something spiritual becomes noticeable. Maybe its the solitude, the peacefulness, or could it be that the Himalayas possess a certain mystic. My travels took me into the cities congested streets where I mingled with the locals and learnt about their culture, the historic and important sacred temples that support the regions religions, and the near isolation in the mountains. These Himalayan regions possess a certain magic that one cannot encounter elsewhere in the World, and I am truly thankful for the opportunity I have been given to venture into these lands. Be enlightened.

About the Author Malcolm Teasdale was born in Coventry, England and is a successful entrepreneur who now spends his time traveling to off-the-beaten-track places. Spending all of his working life in the technology industry, he has made a success from creating two software development companies, the most recent of which he started in 1998 and sold to a major corporation in 2013. He created markets in all the major continents, and sold products to 8,000 + customers in over 70 countries. His company received numerous industry awards for product quality, innovation, and pioneering technology, and he has spoken at many industry events. He has traveled to over 60 countries for business and leisure, but since retiring from the industry, now travels to the more unusual destinations in the World in search of rich cultural experiences, His 3rd travel book called, The Midlife Crisis Continues which is about ignoring age and seeking out adventures has just been published. His previous two books Travel Diaries of an Atypical Businessman and Asia Specific focused on the quirky side of travel and the challenge of expanding his companys reach in Asia Pacific by living in the region during periods in 2007 and 2008. Whether it be trekking in the Himalayas or diving with Whale Sharks, there is always a new adventure to be had, and as long as he is physically and mentally able, the story will continue. Having also lived in Canada and Singapore, he now resides in Florida.