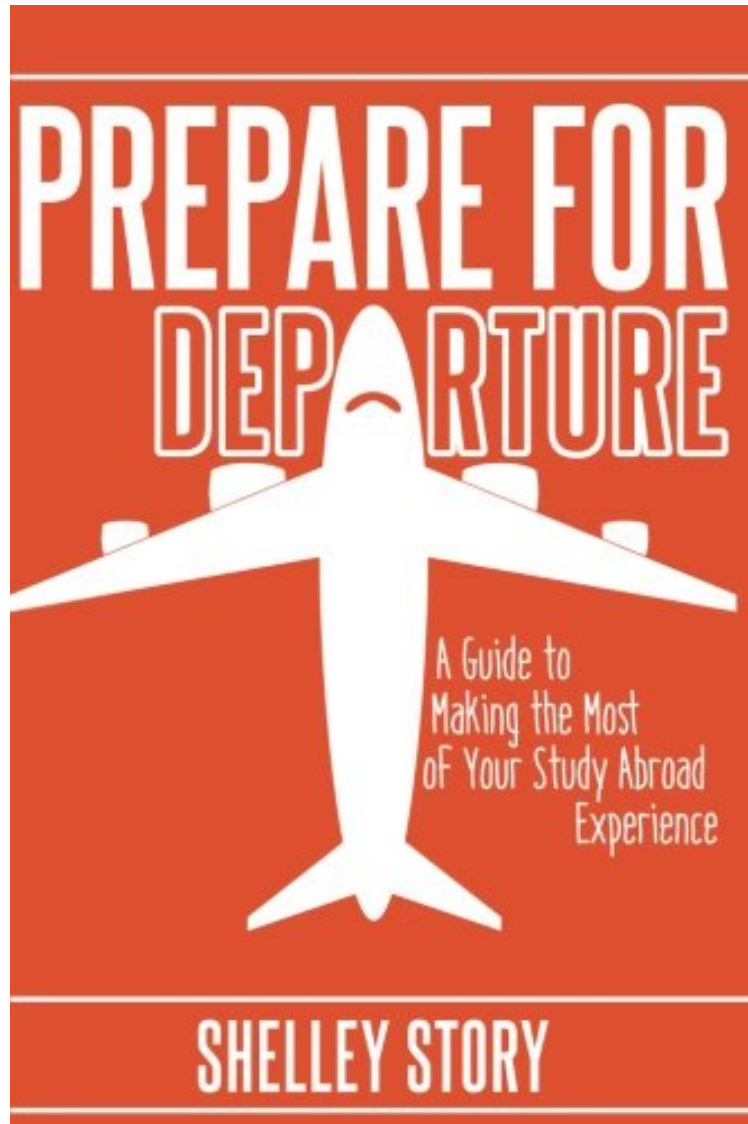


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Prepare for Departure: A Guide to Making the Most of Your Study Abroad Experience

Shelley Story

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Shelley Story : Prepare for Departure: A Guide to Making the Most of Your Study Abroad Experience before purchasing it in order to gage whether or not it would be worth my time, and all praised Prepare for Departure: A Guide to Making the Most of Your Study Abroad Experience:

1 of 1 people found the following review helpful. Don't just survive, thrive!By BrandonPrepare for Departure is a great

resource for anyone planning to study abroad, but also for anyone who may be new to international travel in general. Even as an experienced traveler and a former study abroad student, I still found myself highlighting passages and having new "aha!" moments as the author posed a new question or prompted me to think about things in a new way. That's where the value of the book lies. It asks its reader to THINK. Not only about how to prepare for travel, but about what you want to get out of your experience. It presents a plan for making the most out of your travel while encouraging a spirit of openness and courage that it takes to truly surround yourself with the best parts of a foreign culture. With this book, you'll be traveling with purpose. I recommend this book to anyone who is or will be traveling internationally. 1 of 1 people found the following review helpful. A MUST READ for anyone traveling abroad! By Meggie Cockburn After studying abroad I caught the travel bug. Since then, I've been on the constant look out for ways to make my next trip easier. While I can't complain about my experience living in Europe for four months, there are definitely some things I wish I had better prepared for. The Pre-Departure chapter was what really made me wish I had this book before I left. I had such a hard time packing! The author gives a detailed list what to bring and what to leave behind. This book is a must have for any student traveling abroad. 0 of 0 people found the following review helpful. it is easy to forget how important self-care is. By Customer Having studied abroad in Europe myself, I know Shelley Story truly has thought of everything when it comes to having a full, prepared time studying abroad. I especially appreciated chapter 4, "On Health and Wellness," as I definitely suffered from fatigue and all that comes with that during my time abroad. You are so busy, it is easy to forget how important self-care is. Thank you, Shelley Story, for sharing your knowledge!

Studying abroad -- an endeavor often described with words like "eye-opening," "amazing," and even "life-changing" -- offers you the opportunity to see more of the world, learn another language and culture, and experience things you might not under any other circumstances. But moving to another country, especially temporarily, can also come with pitfalls and roadblocks that trip you up and slow you down. Without your usual support network, the learning curve can be steep, and basic tasks (from figuring out how to do your laundry to keeping your appointment at the immigration office) can be frustrating and discouraging. This book will help you shorten that learning curve so that you can spend more of your time and energy abroad on meaningful activities unique to your destination -- the kinds of things you imagine when you think about why you're going in the first place. The book's assertion is that being prepared to go abroad isn't achieved by packing the right suitcase; it requires planning, process, and practice. You'll walk through all three, and end up with high-quality preparation that sets you up for your best possible study abroad experience. The author managed the student life division of a study abroad program in Italy, and she draws on lessons from nine years (and thousands of students) to help those who are headed abroad have a smoother ride.