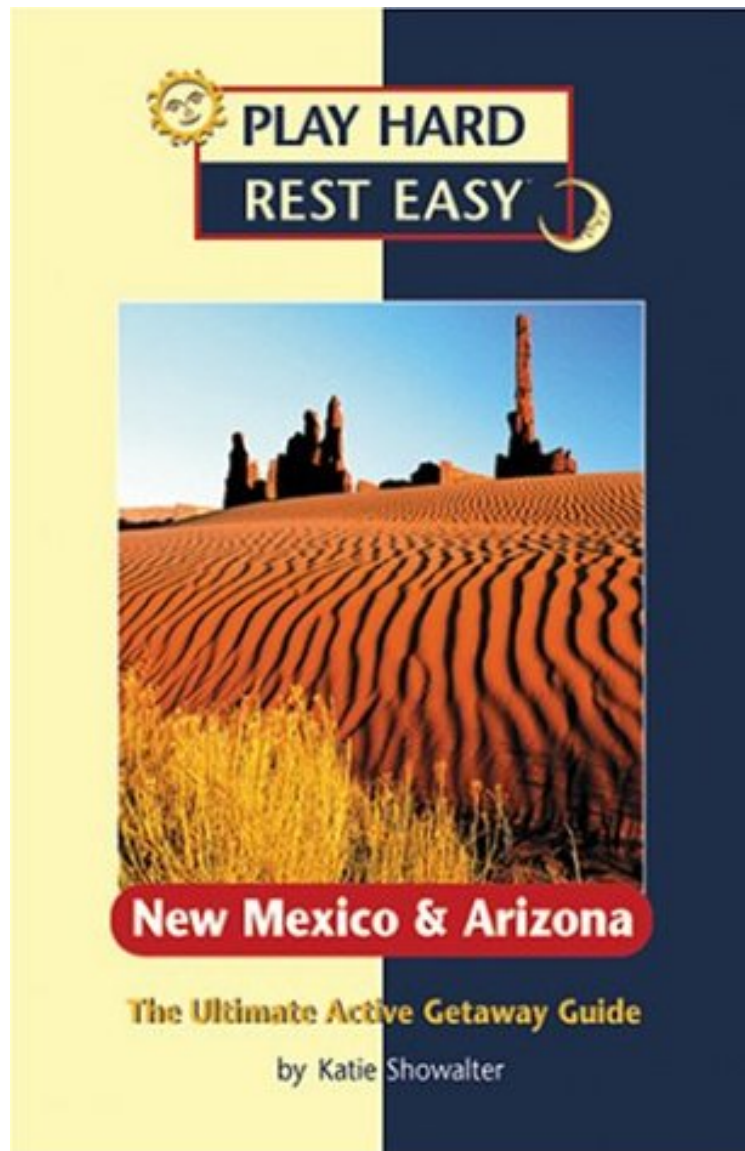


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Play Hard Rest Easy: New Mexico and Arizona

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in the successful Play Hard Rest Easy travel series, Play Hard Rest Easy: New Mexico and Arizona combines the best elements of outdoor sports books, BB or inn guides, and general travel guidebooks into one comprehensive source. Each chapter includes an entertaining history of the area; the lay of the land; and detailed flying and driving directions. Also in each chapter, a Play Hard section describes the best active pursuits, including hiking, paddling, fishing, rock climbing, and snow skiing. Each Rest Easy section recommends upscale lodging choices-historic inns, dude ranches, and full-service resorts-as well as great places to eat, from chic restaurants, boutiques, and cafs to roadside BBQ shacks and picnic spots.

About the AuthorKatie Showalter is a freelance writer whose work appears in Outside magazine; in Outside's two annual travel publications; and in the Los Angeles Times. She lives in Santa Fe, New Mexico.