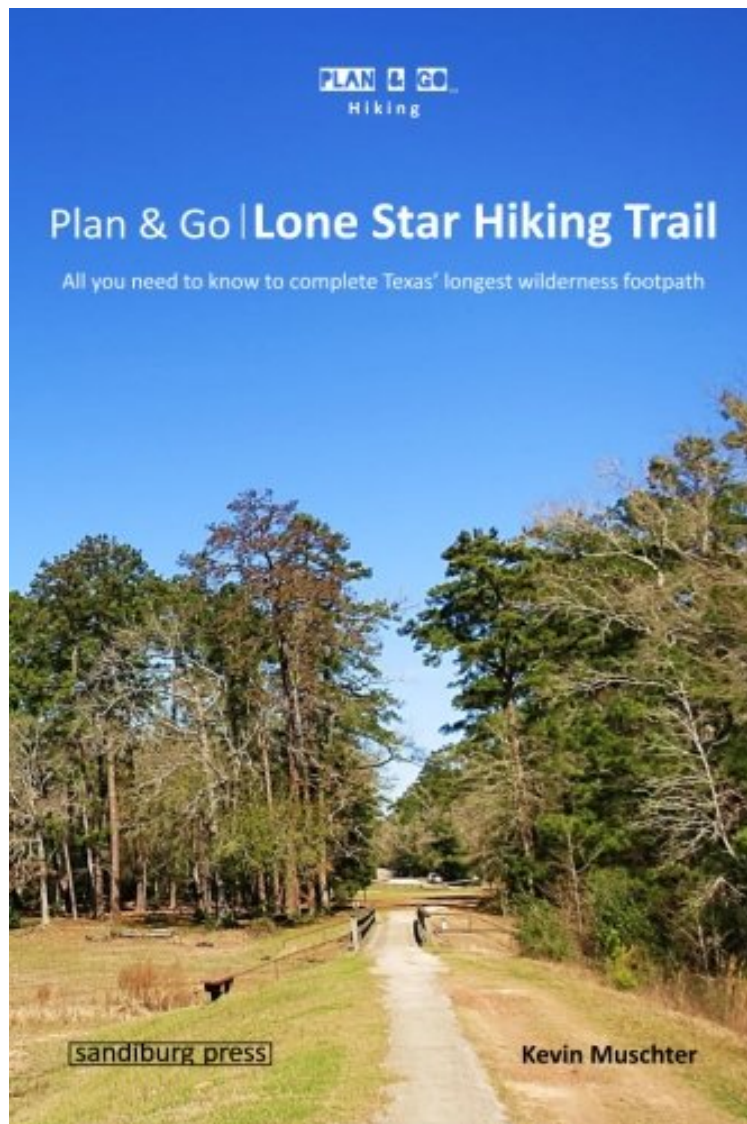


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## Plan Go | Lone Star Hiking Trail: All you need to know to complete Texas longest wilderness footpath (Plan Go Hiking)

*Kevin Muschter*

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1 of 1 people found the following review helpful. Great book!By Brice StanfordIt was an easy read. Lots of helpful information if you plan a through hike of the lone star trail. I was just super curious about what type of shoes he wore for his through hike. I was in the market to buy some hiking shoes and wanted to know if he wore boots or trail runners. This was not addressed in this book unless I accidentally skipped over it (always a possibility with me).2 of 2 people found the following review helpful. Indispensable guideBy Vladimir PoskatcheevWater availability, camping options, trail highlights - this book contains highly relevant hiking information and lots of helpful advice and recommendations. The compact trail guide makes planning a hike so much easier and eliminates the need to carry an entire book. Just what I needed!1 of 1 people found the following review helpful. Let the hiking begin.By Derrick PerrinA great guide for hiking the Lone Star Trail

Plan Go | Lone Star Hiking Trail is the ultimate guide to hiking Texas longest wilderness footpath. In a clear and concise manner, the book describes the highlights and unique characteristics of the LSHT and provides all the essential planning information to save you time and effort with your own preparations. Supported by step-by-step instructions and first-hand recommendations, you will be well-equipped and feel more confident about completing the 96+ miles in Sam Houston National Forest, whether in sections or as a whole. The book provides answers to the following questions (and more): What are the highlights of the LSHT? How many days will it take me? How do I navigate along the route? What is the best time to go? How do I organize transportation? What are my camping options? Where can I resupply food water? In addition, Plan Go | Lone Star Hiking Trail offers practical advice on athletic training, which food to pack and in what quantities, how to select gear and which items work best, as well as various other essentials for the trail. The book further includes a compact trail guide and example hiking itineraries to help you create an itinerary that best suits your personal preferences. The wealth of facts and figures is topped off with the entertaining and motivating account of the author's own 6-day LSHT adventure.

About the AuthorKevin Muschter is a seasoned backpacker who was first introduced to the fascinating world of hiking by his parents during family vacations in the beautiful Czech Giant Mountains and Saxon Elbe Sandstone Mountains in Europe. Inspired by those early adventures, Kevin went on to travel and explore Europe's largest mountain range, the Alps, on foot and on skis throughout the years. In 2011, he moved to San Diego, California, which quickly became his gateway to the Golden States vast and varied backcountry. Together with family and friends or solo, Kevin has since embarked on many backpacking adventures and multi-day trips in state parks, national forests, and of course the Sierra Nevada mountains. With a degree in business and IT, he is not only fascinated by the physical and mental challenges arising from hiking long distances, but also by streamlining all aspects of the planning process and trying out new advances in gear. To Kevin, hiking is a great way to escape the comfort zone and reconnect with nature while exploring remote and pristine corners of the world that are solely accessible on foot.