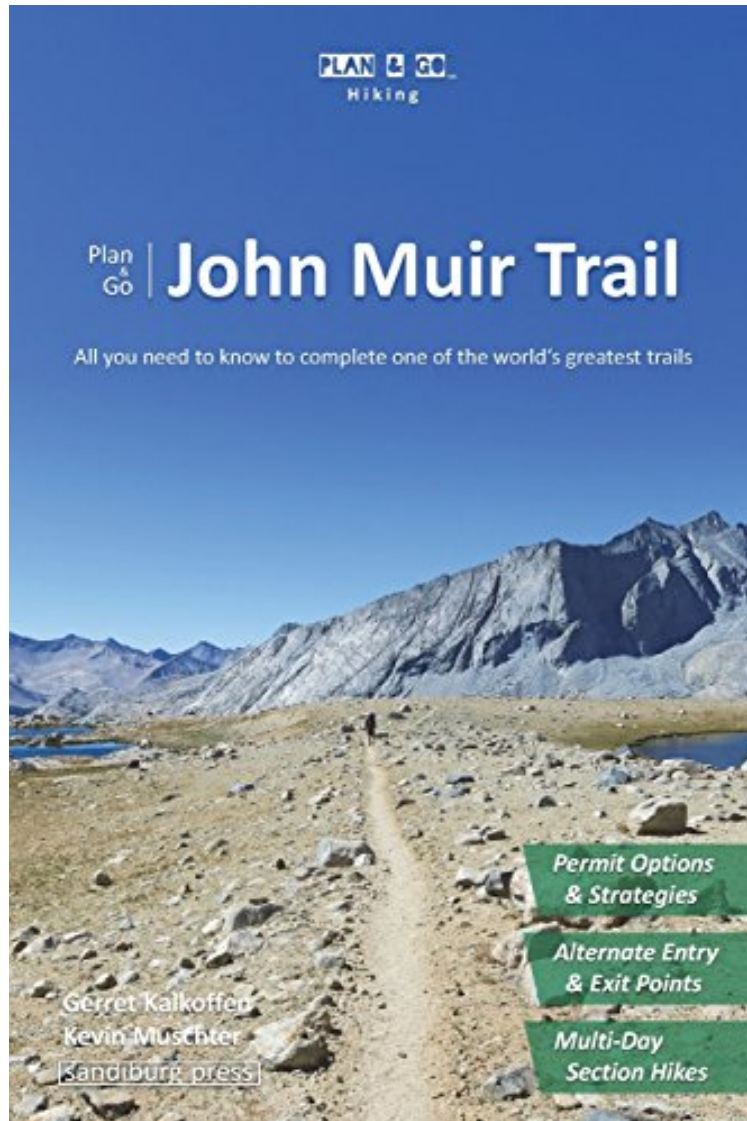


[PDF] Plan Go | John Muir Trail: All you need to know to complete one of the world's greatest trails (Plan Go Hiking)

## Plan Go | John Muir Trail: All you need to know to complete one of the world's greatest trails (Plan Go Hiking)

*Gerret Kalkoffen*

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**Gerret Kalkoffen : Plan Go | John Muir Trail: All you need to know to complete one of the world's greatest trails (Plan Go Hiking)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Plan Go | John Muir Trail: All you need to know to complete one of the world's greatest trails (Plan Go Hiking):

10 of 10 people found the following review helpful. An Excellent Resource - Highly Recommended!!By GL JohnsonI'm planning a hike on the JMT in a few months, and have read several books to help prepare myself. This has been by far the most useful resource I've seen. The practical information it contains is presented in a clear, concise way. When I was finished with the book, I felt infinitely better prepared to tackle what had previously seemed like a monstrous undertaking. The specific recommendations and suggestions relating to food, water treatment, camp sites, and equipment features helped me to feel completely ready to start my own preparations. I don't feel like I'm guessing my way through the process anymore. There are plenty of checklists, sample food menus, pack lists, and detailed equipment options. Having never been on a multi-day hike before, the detailed information in this book has helped me mentally prepare for what lies ahead. The more technical elements of the book are balanced nicely with just enough narrative description of the trail experience to get the reader really excited about the adventure. Overall, it was a very pleasant read, and I'll definitely be rereading this book once my trip nears.1 of 1 people found the following review helpful. Fall in love with JMT with this incredible guideBy Ultrarunner8This has been a great resource for me and will help any JMT enthusiast. Succinct chapters for each important topic saved me a lot of time, I jumped directly to chapters like permit, budget, weather and especially the appendices which has details elevation profiles with campsites listed. I feel with so many lakes, passes, and peaks - an index would have been helpful (example - if I wanted to look for Rae Lakes Loop - would be easier to find page number). A colored version with panoramic images labeled peaks would just set this guide apart. Overall, this book does prepare any level of backpacker for the challenges and expectations.3 of 3 people found the following review helpful. Good basics and specific detailsBy DPThis book really gets down to basics and details of preparing for the JMT. It's good to see the details of food preparation, fuel consumption, timing, etc. You may be able to get these from discussion groups, etc, but it's nice to have them in your hand.

In response to the ever-increasing popularity of the JMT, this fully-updated 2nd edition offers a more comprehensive overview of available permit options and reservation procedures as well as alternate trail access and exit points. It also includes detailed descriptions of popular JMT section hikes that can be completed in a week or less.

From the Author"It was the adventure of a lifetime" says Gerret Kalkoffen, author of the new book *Plan Go: The John Muir Trail*. After 15 days, Gerret and his good friend Josh had hiked over 222 miles. Their adventure began in Yosemite Valley and ended at the top of Mt. Whitney, the highest peak in the continental US. By then they had ascended and descended over 90,000 ft. "I love to go hiking, but had never gone backpacking for more than three days in a row. Preparing for the John Muir Trail took a lot of research and effort. I wanted to make my findings and experiences available to anyone who is toying with the idea of hiking the JMT and tell them, they should go for it!", says Gerret.About the Author Gerret Kalkoffen was born 1981 in Hamburg, Germany. Since before he can remember, his father took him along on hikes and sparked his love of the outdoors. Gerret has since enjoyed hiking trips in various parts of the Alps, the Philippines, China, New Zealand, Canada, and the U.S. With his background in business and engineering, Gerret is always interested in improved gear and technical solutions. Besides the peace he feels when in nature, he enjoys the physical challenge the mountains pose. Kevin Muschter is a seasoned backpacker who was first introduced to the fascinating world of hiking by his parents during family vacations in the beautiful Czech Giant Mountains and Saxon Elbe Sandstone Mountains in Eastern Europe. Inspired by those early adventures, Kevin went on to travel and explore Europe's largest mountain range, the Alps, on foot and on skis throughout the years. In 2011, he moved to San Diego, CA, which quickly became his gateway to United States vast and varied backcountry. To Kevin, hiking is a great way to escape the comfort zone and reconnect with nature.