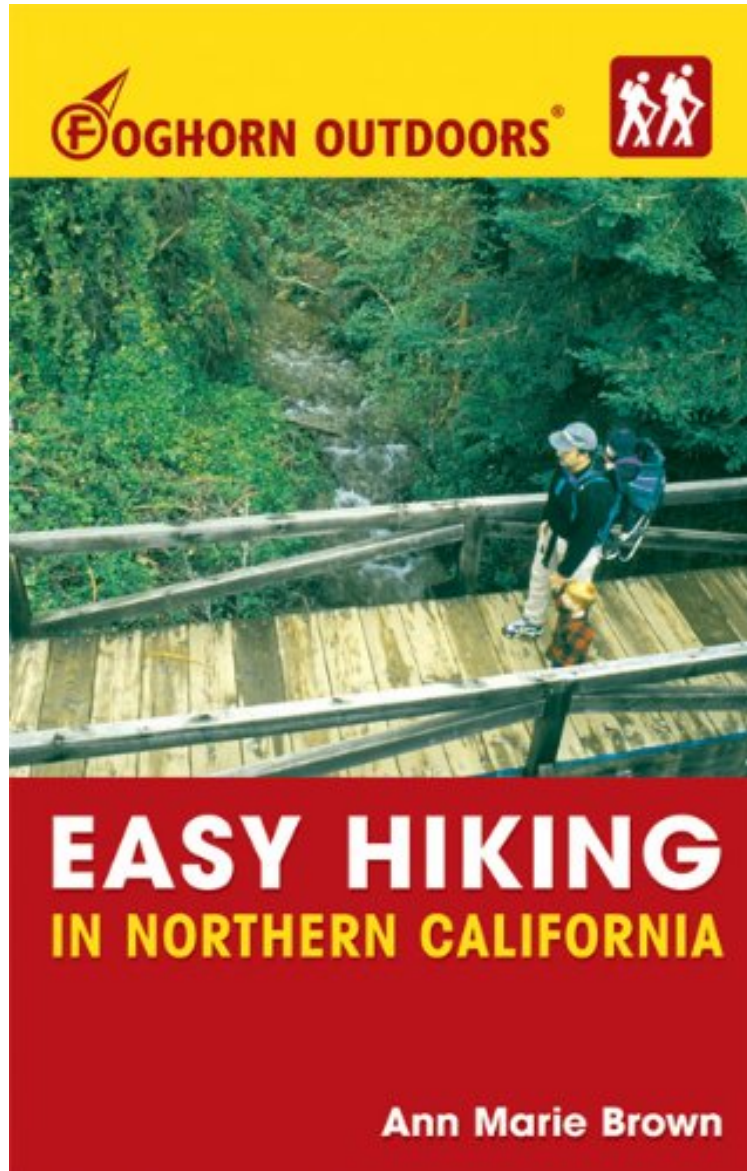


(Library ebook) Foghorn Outdoors Easy Hiking in Northern California

Foghorn Outdoors Easy Hiking in Northern California

Ann Marie Brown

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Ann Marie Brown : Foghorn Outdoors Easy Hiking in Northern California before purchasing it in order to gauge whether or not it would be worth my time, and all praised Foghorn Outdoors Easy Hiking in Northern California:

0 of 0 people found the following review helpful. The guide is really great for day trippers who are just starting out with ...By Chery A. EppersonThe guide is really great for day trippers who are just starting out with hiking. We needed more specific information so I shipped it back.11 of 12 people found the following review helpful. Scenic

Highlights in Northern California
By Fritz R. Ward
Have you ever wanted to explore an isolated beach, or walk among towering redwoods, or experience a close encounter with wild tule elk? These things are within the realm of just about any fit person, and with far less effort than one might imagine. Ann Marie Brown's 'Easy Hiking in Northern California' is just that; a guide to fabulous wilderness experiences with minimal effort. This book has a lot to recommend it. Ms. Brown divides Northern California into 8 separate sections and describes numerous hikes in each area. In addition to local history and natural features, Brown also provides careful directions to each trailhead and a detailed description of the route. Lots of black and white photographs accentuate the text and give the reader an idea of what to expect. An "options" heading describes how readers can further explore the trailhead area. I just love this approach to hiking. The vast majority of trails in this guide are one to three miles long. If you want more of a workout, you can usually combine two or more of the 111 trips listed in a day. On a recent visit to Point Reyes National Seashore, I planned my day around this book. I have no regrets. My vacation was wonderful and this book will be my first resource on other trips to Northern California.

1 of 1 people found the following review helpful. Excellent guides for "back-friendly" trails - thanks!
By Ms MWe have both guides for finding easy biking and hiking trails, from this same author. My guy has a bad back, so we have to plan ahead to make sure we don't over-stress his back when we're on an outing - and these guidebooks are great - the trails are rated according to distance between trailheads (and from parking to trailhead), trail terrain (e.g. paved vs dirt), and changes in elevation -- all the important factors for us to consider whether a given trail is right for us on any given day. Kudos to the author (our only request is that the author keep going with this great idea and rate similar trails throughout the whole country, and heck, why not the whole planet?). thanks!

Covering Mammoth, the Redwoods, Lassen, Yosemite, Mendocino, the San Francisco Bay Area, Shasta, and the Central Coast, this is the guide to finding the best easy hikes throughout Northern California. Families, day-trippers, and seasoned trekkers looking for a change of pace will all find the perfect trail among the options selected by veteran hiker Ann Marie Brown. This guidebook provides updated, easy-to-use region and trail maps, descriptive keynotes for every geographical region, approximate hiking times for each trail, and options for increasing the length and difficulty of each hike. Detailed descriptions let you know when a trail encounters wildflowers, waterfalls, scenic overlooks, historic sites, or wildlife. Complete with photos, illustrations, and helpful information, including tips for "Hiking with Kids" and the best seasons for hiking in each area, Foghorn Outdoors Easy Hiking in Northern California has everything you need for great easy hikes in the northern half of the Golden State.

.com Ann Marie Brown describes in loving detail 100 trails that span Northern California's beautiful countryside, from the redwoods of Humboldt County to the wetlands, Tahoe, and Yosemite of Central Valley. The trails are lovely, but Brown makes them accessible as well with directions, terrain factors, and the hours your average couch potato will need to walk it. She details each turn and tree stump of interest, where the wild flowers bloom, and the best knoll to climb for a supreme ocean view. She takes the anxiety out of hiking, so there's nothing left for you but to pack a water bottle and go. Meticulously researched and smartly written, Foghorn Outdoors offers some of the best recreation guides around. The books provide exceptionally reliable information on each location and activity, while emphasizing sensible, low-impact enjoyment of the outdoors.