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Daniel Chazin

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Daniel Chazin : Appalachian Trail Guide to New York-New Jersey (Appalachian Trail Guides) before purchasing it in order to gauge whether or not it would be worth my time, and all praised Appalachian Trail Guide to New York-New Jersey (Appalachian Trail Guides):

9 of 12 people found the following review helpful. The "Bible" used by the serious thru-hikers of the A.T. By Easy Rider If the reader is really serious about hiking the A.T., specifically the N.Y. /N.J. section, this book, along with the 6 very detailed maps that come with it, will be a tremendous help, with all the relevant information all packed into a (large) pocket-sized paperback. In addition to very interesting facts behind the history and the beginnings of the AT, the information found in this book will guide you, almost hold your hand along the trail and, it will then be up to you to listen to the wisdom, advice and warnings found here or, ignore them and find out -the hard way- why only 10% of the people who attempt to hike the Appalachian Trail will finish it in a year. Where can you find water?; where are you not allowed to camp?; is it safe to hike alone?; can you take your dog with you? (NO!). Statistically speaking, did you know that you will be safer hiking the entire A.T., than walking the streets of most large American cities? These and many other topics, too numerous to mention here, are dealt with in this volume. Having all of that information ahead of time will make it (just a little) easier to put on your backpack, lug your 3 liters of water needed daily, consume the 4000 calories of food needed every day and.....in about 6 months time you will have arrived at your destination, very tired, much thinner and, much wiser.

Fourteenth Edition, 1998. Covers 174 miles from Kent, Connecticut, to Delaware Water Gap National Recreation Area on the New Jersey -- Pennsylvania line. Six four-color topographic maps with elevation profiles; scale, 1:36,000. 212 pages.