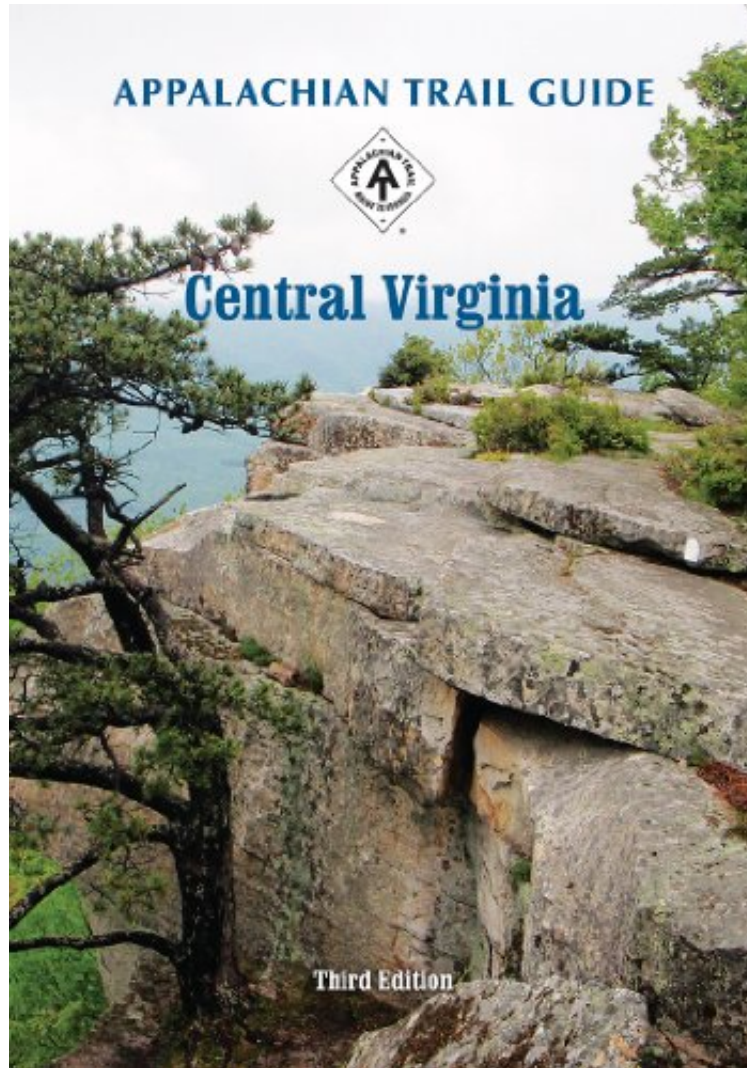


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Appalachian Trail Guide to Central Virginia

Irma Graf

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The official guide--a book and set of maps--to 225 miles of the Appalachian Trail from Waynesboro (I-64) to the New River at Pearisburg, Va., including parts of the George Washington-Jefferson National Forests and the Blue Ridge Parkway (the most-visited national park), with a separate section on the North Mountain Trail. The Roanoke area is about in the middle of this section, which cuts across I-81 near that city. The book includes descriptions of the route in a unidirectional format (like a railroad timetable), with a considerable amount of historical information interwoven with the location details. The four maps (on two sheets) are scaled at 1:63,360, with elevation profiles and 100-foot contour intervals. Both book and maps were thoroughly updated in early 2014 and include information on a 6-mile, June 2014 relocation above the New River, the last major piece of the Appalachian Trail to come under public ownership after a 46-year effort.

About the AuthorIrma Graf is an Appalachian Trail Conservancy volunteer and a member of a number of the clubs in Virginia, volunteers from which maintain the footpath and its facilities.