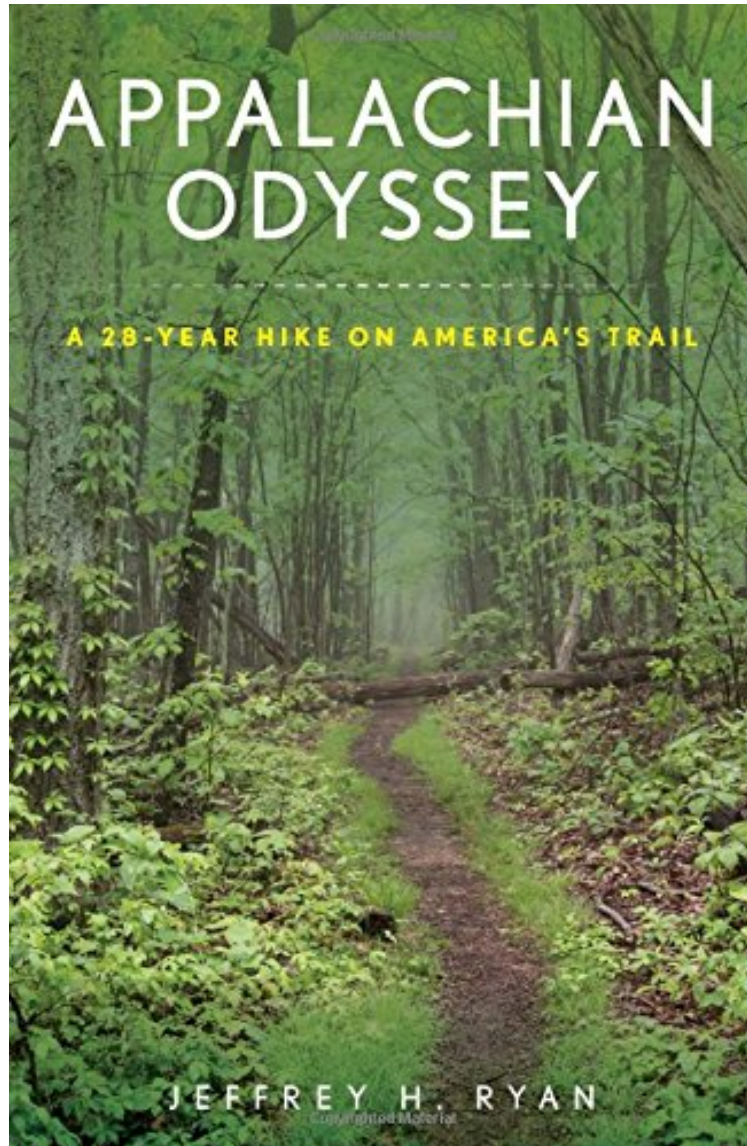


[Ebook free] Appalachian Odyssey: A 28-Year Hike on America's Trail

Appalachian Odyssey: A 28-Year Hike on America's Trail

Jeffrey H. Ryan

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Jeffrey H. Ryan : Appalachian Odyssey: A 28-Year Hike on America's Trail before purchasing it in order to gage whether or not it would be worth my time, and all praised Appalachian Odyssey: A 28-Year Hike on America's Trail:

5 of 5 people found the following review helpful. A Guided Tour of the AT - and the Human Mind By William G. Stuart I met Jeff during our freshman year in college - two New Englanders venturing to a rural Wisconsin campus. I didn't really know him, however, until I read this book. Jeff is a master story teller. He takes us not only on the ridges, bridges, bales and canyons of the AT, but also on a guided tour through the mind of a hiker. His is an amazing story of

perseverance - not just completing the AT, but weaving this adventure into a busy life (or is it the other way around). You'll want to lace up your boots, waterproof your tent seams, strap on your pack and pull out a map to find Delaware Water Gap, Damascus, Rockfish Gap or Duncannon. Whether you enjoy history, adventure, travel or tales of the power of the human mind, Jeff Ryan speaks to you.3 of 3 people found the following review helpful. Reading Appalachian Odyssey is like listening to a good storyteller around the campfire after a ...By Carol M. WiselyReading Appalachian Odyssey is like listening to a good storyteller around the campfire after a day outdoors. Plus it puts you firmly on the trail with Jeff and his companion, but without you having to do all the hard work! I have always been fascinated by the AT, and loved A Walk in the Woods by Bill Bryson. Now I have another favorite to read when wanderlust and sloth overtake me at exactly the same moment...The prose is conversational, the photos are great, and if I ever get up the energy to walk some of this great trail, then this book will be my guide! I heartily recommend it to anyone who loves hiking, wandering, or just staring meditatively at the hills.3 of 3 people found the following review helpful. love the way the details of the sections are broken ...By Katie Belllove the way the details of the sections are broken down with a personal touch - the pictures and the elevation/distance/camping maps are great - the things that go wrong that need to be made right with the lessons learned that made the journey that much more memorable - the porcupine story is classic - very nice read

Unlike through-hikers that complete the Appalachian Trail in one several month trip, Jeffrey Ryan took a different approach. Grabbing weeks here and days off there, it took Jeffrey twenty-eight years to finish the trail one section at a time. Along the way he learned much about himself and made many new friends, including his best friend, Wayne, who made the journey with him from start to finish. Including 75 color photos, this engaging book is part memoir, part natural history and lore, and part practical advice. Whether you've hiked the AT, are planning to hike it, or only wish to dream of hiking it, this is the book to read next.

One of the more enjoyable reads I've had in quite some time. I'm not much of a hiker myself, so I was grateful that the author didn't get lost in the minutiae of gear and such. I can't help but compare this to Bill Bryson's book, "A Walk in the Woods", in that the reader is drawn to the inner journey as much as the outward one. That, to me, is always the mark of any great travel book, and what makes this book stand out. I found this to be very well written, with plenty of laugh out loud moments.~ Charles C. Jeffrey Ryan sets no speed records on the Appalachian Trail, unless it is for the slowest time ever recorded getting from Maine to Georgia. But in a world which sometimes seems obsessed with velocity and superficiality, Ryan's story is a reminder that the long slow journey taken with friends are the best--and the most memorable. His Appalachian Odyssey, destined to be a classic of nature and travel writing, will inspire a new generation of readers to follow in his footsteps.-Robert M. Poole, executive editor (retired), National Geographic From the Author When a new hiking companion and I went for a one-day hike in Maine in 1985, we had no idea we were actually starting a 2,100 mile, 28-year adventure. Inspired by my trail journals, I wrote this book in the spirit of Chaucer's Canterbury Tales. Each chapter covers a different segment of the trail in the order we hiked it, getting back on the trail in whatever state and place beckoned at the time. Each chapter has a distinct theme, some historical, some hysterical. Appalachian Odyssey is not a "how to" guide. It also is not a "we ate oatmeal and walked 15 miles" account of life on the trail. Instead, I sought to create an enduring and endearing story told through a refreshing blend of history, photography and humor -- an uplifting reminder that life's most meaningful accomplishments rarely happen overnight, but are achieved by making steady progress toward our goals. About the Author For 13 years, Jeffrey Ryan was a marketing writer for L.L. Bean and during that time field tested numerous outdoor products on his excursions. In addition to hiking the Appalachian Trail, he has hiked an additional 8,000 miles on other trails including the Pacific Crest Trail, and is still adding to the total. He is currently a writer, speaker and marketing consultant living in Portland, Maine.