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Stephen Mauro, Beth Homicz
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before purchasing it in order to gauge whether or not it would be worth my time, and all praised AMC's Best Day Hikes near Washington, D.C.: Four-season Guide to 50 of the Best Trails in Maryland, Virginia, and the Nation's Capital:

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A guide to 50 of the best day hikes in the Washington, D.C., area.

From the Back Cover Discover 50 of the best day hikes in the Washington, D.C., area with this essential four-season guide from the Appalachian Mountain Club. Whether you are an outdoorsperson or visitor looking to explore the trails of Washington, D.C., Maryland, or Virginia, this book is a must-have resource for shorter walks and day-long adventures. From a historic hike from Roosevelt Island to the Roosevelt Memorial, to a scenic excursion through the mountains of the Shenandoah National Park, and a traverse along the Billy Goat Trail, this guide offers a variety of trails for all ability levels and interests. An at-a-glance chart highlights the best hikes near public transportation, for kids, and for winter snowshoeing and skiing. Inside You'll Find: 50 of the best day hikes for all levels of ability GPS coordinates to all trailheads Locator Map and "At-a-Glance Trip Planner" for easy planning Detailed maps showing parking areas, trails, and natural highlights Summaries of time, distance, and difficulty level for each trail Hiking and safety tips, including advice on what to carry in your pack Essays about the flora, fauna, and historic landmarks of the Washington, D.C., area About the Author Stephen Mauro has lived in the Washington, D.C., area for 15 years, and hikes extensively there. He is a senior editor for Wild West magazine and a copy editor for Aviation History magazine. Beth Homicz has been a Washington, D.C., tour guide since 1994. A former columnist for Destinations magazine, her writing has also appeared in The Washington Post.