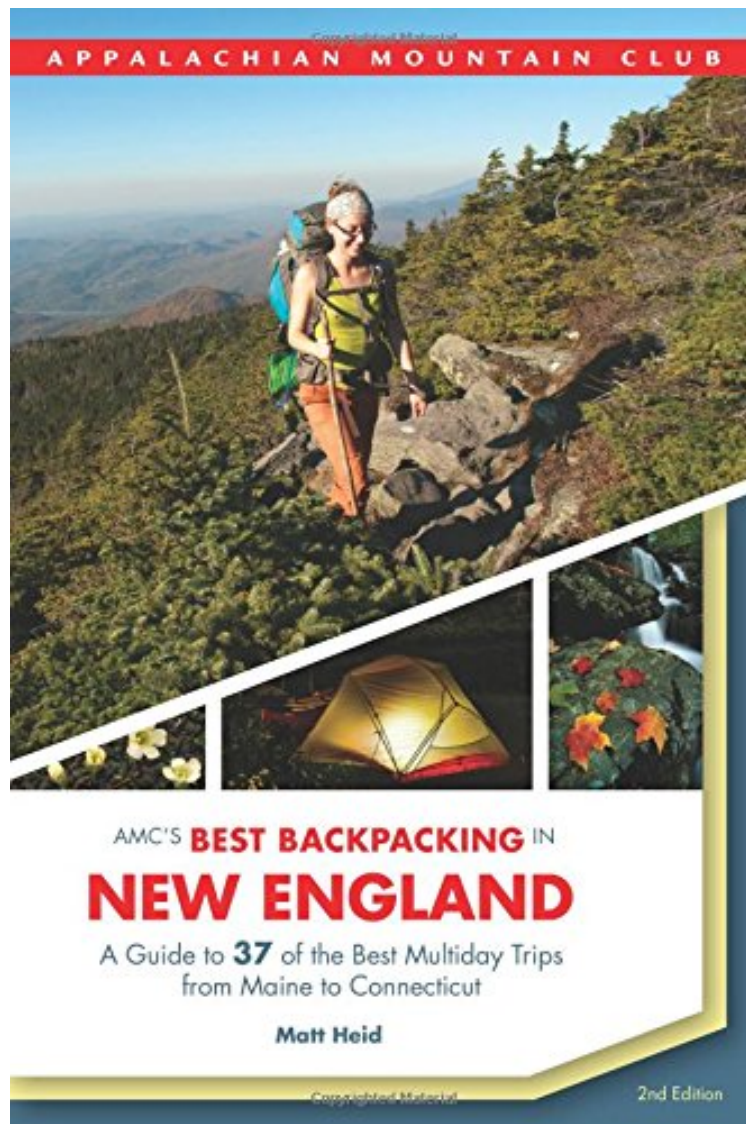


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## AMC's Best Backpacking in New England: A Guide To 37 Of The Best Multiday Trips From Maine To Connecticut

*Matt Heid*

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About the AuthorMatt Heid is a former senior editor of AMC Outdoors, the member magazine of the Appalachian Mountain Club, and currently writes the magazines Equipped column and blog. He is also the author, contributor, and researcher of several books on hiking. Heid has hiked thousands of miles across New England, California, Alaska, and other wilderness destinations. He leads trips and teaches classes in outdoor photography, natural history, and navigation.