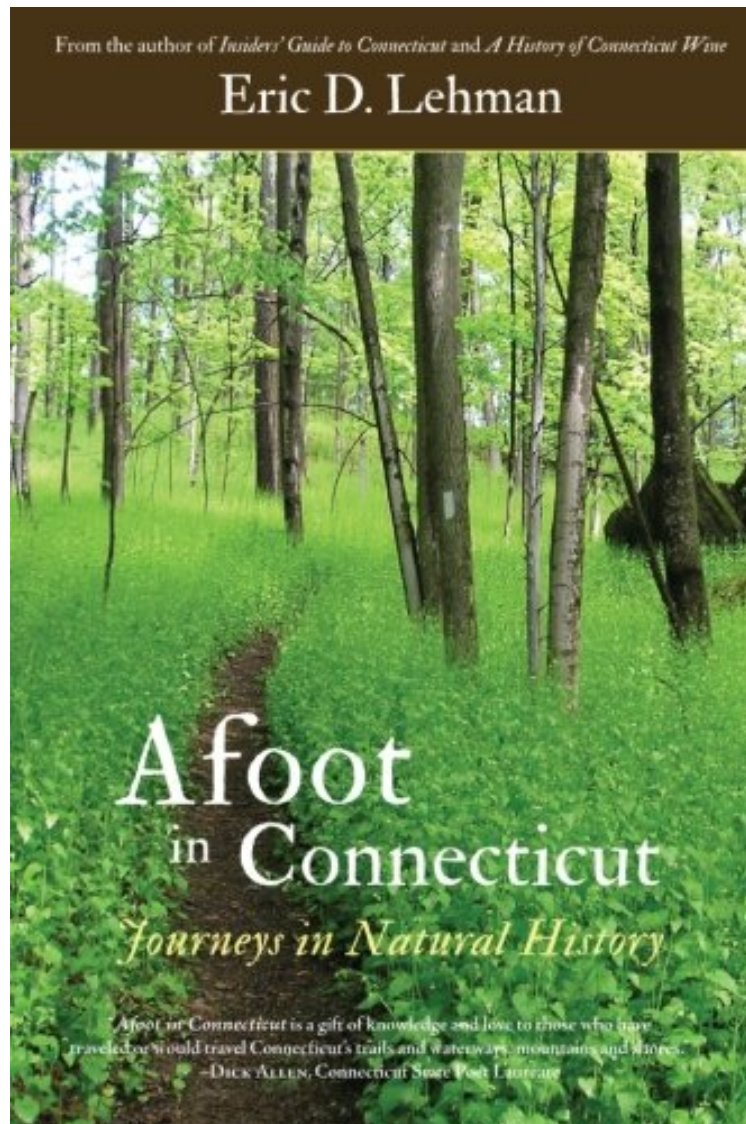


[Read download] Afoot in Connecticut: Journeys in Natural History

Afoot in Connecticut: Journeys in Natural History

Eric D. Lehman

**Download PDF / ePub / DOC / audiobook / ebooks*



DOWNLOAD



+

READ ONLINE

#2701927 in Books Homebound Publications 2013-05-11 Original language: English PDF # 1 9.02 x .31 x 5.981, .45 #File Name: 1938846079132 pages | File size: 53.Mb

Eric D. Lehman : Afoot in Connecticut: Journeys in Natural History before purchasing it in order to gauge whether or not it would be worth my time, and all praised Afoot in Connecticut: Journeys in Natural History:

3 of 3 people found the following review helpful. Connecticut WildsBy Richard B. TaberI grew up in rural Eastern Connecticut in the farming and 4-H culture, and spent many years hiking through the Oak-Hickory forests of that region. Eric's book brought me back to Connecticut; most of his adventures that he wrote about were in the middle and western parts of the state, parts of the state that I know little about. The fact that wildness abounds in such a suburbanized state never ceases to amaze me. His tales of hiking, and of experiencing nature first hand, are

reminiscent of other Connecticut naturalists, such as Hal Borland and Edwin Way Teale. Most of Eric's earlier journeys were solitary in nature, as many of mine were in those rock studded ledges and woodlands. He shows an evolution of thought and eventually includes others in his wanderings, such as his students, friends, and family members, and sharing with them his love of the land. This book is an excellent read and encourages you to go forth, wherever you live, and experience the natural world in your own environs, firsthand. 0 of 0 people found the following review helpful. A good, warm read

By Cory Eberwein
In *A Foot in Connecticut*, author Eric D. Lehman gives his audience the journey of finding inner peace and joy by looking outward into the scenic beauty of the nature of the state and adventuring out to find new hidden gems it has to offer. Lehman does an impressive job in enticing the reader into his journeys and sightings while also making the reader feel the same emotions and frustrations he feels. His personal mindset of his experiences epitomizes what Ralph Waldo Emerson meant when the transcendentalist movement started almost 200 years ago. Lehman, through his low moments and better moments, always looked outward towards nature and the serenity of Connecticut to not only better himself but also anyone who allow him to share in the experience. Lehman never walks off the path of keeping his reader interested as each chapter tells a tale that reiterates and supports his main point: the deep, inner personal contentment one can find with nature. For anyone who is a fan of transcendentalism, Emerson, Thoreau, Whitman, etc. you will find this book a great read as it encompasses the relationship man should have with nature. However, this book should also be read by anyone who is a nature lover as well as anyone looking for a new form of joy of outlook in life. Lehman opens the eyes of readers into considering using a form of therapy that many do not think of these days. I can say that personally I have used nature for its therapeutic benefits, and now wish to travel to Connecticut myself. For a state that is not often mentioned or considered by travelers and hikers, the picture painted by Lehman makes it clear that not only any avid hiker, outdoorsman, etc. should hit the trails, but all of us should take the time to step outside and see what it has in store. 0 of 0 people found the following review helpful. A Naturalist's Love Letter to Connecticut

By CustomerAfoot
in Connecticut ambles along quite likeably as the reader is drawn in, happily and willing to join in on the journey. As a walker myself, I could visualize traipsing those very trails, getting lost in my own thoughts and my love of nature that mirrors the author's. In Lehman's meditation on hiking Connecticut, the reader gets to know the author as well as the beautiful places he's seen and wandered. Lehman's descriptions and insights he picks up along the way somehow ring universal rather than seem like private thoughts, solely. This book is an ultimate love letter to the nutmeg state, a place the author appreciates as only can a transplanted lover smitten with his new home. Kudos on this real love letter that won't ever require a burial!

Afoot in Connecticut, is a love letter to this often overlooked region of America, an inspirational story that will have you taking to the trails and the greenways, along the beaches and mountaintops, and into a land full of transformation, of beauty, and of strength.

"Lehman has succeeded in crafting a moving, intricate ode to the inextricable bonds that bind person and place, a book that is, at its heart, a call to those who have not yet forsaken the sterility of the indoors for the soul-queening of a good walking stick and a nearby trail, and a reminder for those who have already traveled to find a greater journey." - Chris Vola, *The Small Press Book* "Superbly written, *Afoot in Connecticut* is highly recommended for onsite tourists and armchair travelers alike!"--*The Midwest of Books*

From the Back Cover
Nominated for the Pushcart Prize, *Afoot in Connecticut* is a love letter to this often overlooked region of America, an inspirational story that will have you taking to the trails and the greenways, along the beaches and mountaintops, and into a land full of transformation, of beauty, and of strength. It is a memoir about erasing the tracks of the past and starting a new life, and it is an investigation of local ecology, geography, and natural history. It is both a call for preservation and a moving love story. It proposes that the answer to the question who am I cannot be answered without asking where am I?

About the Author
Eric D. Lehman is a travel and history writer, with reviews, essays, and stories in dozens of magazines and journals. He is also an award-winning author of many books, including *Afoot in Connecticut*, *The Foundation of Summer*, *A History of Connecticut Wine*, *Insiders Guide to Connecticut*, *A History of Connecticut Food*, *Becoming Tom Thumb: Charles Stratton, P.T. Barnum, and the Dawn of American Celebrity*, and *Homegrown Terror: Benedict Arnold and the Burning of New London*. In his spare time, he pursues Henry Miller scholarship and teaches creative writing and literature at the University of Bridgeport, where he directs the school literary magazine, *Groundswell*, and the faculty essay series, *The Commons*. He lives in Hamden with his wife, poet Amy Nawrocki, and his two cats.