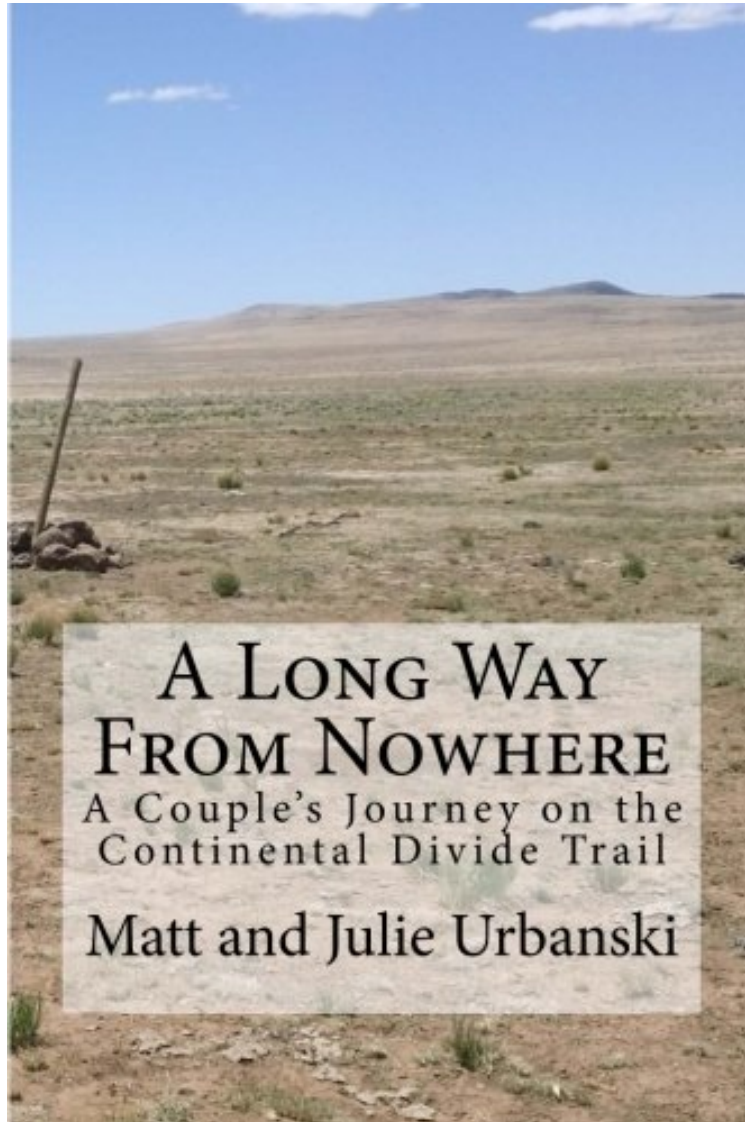


[Free] A Long Way From Nowhere: A Couple's Journey on the Continental Divide Trail

A Long Way From Nowhere: A Couple's Journey on the Continental Divide Trail

Julie Urbanski, Matt Urbanski
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#853130 in Books Urbanski Julie 2014-04-11 Original language: English PDF # 1 9.00 x .69 x 6.001, .90 #File Name: 149549540X304 pages A Long Way from Nowhere A Couple s Journey on the Continental Divide Trail | File size: 29.Mb

Julie Urbanski, Matt Urbanski : A Long Way From Nowhere: A Couple's Journey on the Continental Divide Trail before purchasing it in order to gage whether or not it would be worth my time, and all praised A Long Way From Nowhere: A Couple's Journey on the Continental Divide Trail:

0 of 0 people found the following review helpful. WHAT A JOURNEY!!!By love love love to readWill never

personally hike this trail so this was my way of experiencing this journey with the Urbanski's. Could feel the thirst, desire, pride, fatigue, frustration, joy, fear....all the many emotions that come with such an incredible experience as this. Sometimes seemed repetitive but that is how we were able to understand Julie's and Matt's different perspectives. Strength, perseverance and a drive we can respect as we read. Thanks for sharing this with us, Julie and Matt. 0 of 0 people found the following review helpful. I highly recommend this book to anyone interested in long distance hiking ...By david m caldwellI've been meaning to write this review for some time, however, the problem was that the book inspired me to go on an adventure myself. A long way from nowhere is a genuine, heartfelt account of a couple's attempt at a thru-hike of the Continental Divide Trail. I found myself (as I had with the previous book, *Between a Rock and a White Blaze*) identifying strongly with Julie (Stopwatch) as I tend to default to negative thinking and anxiety instead of embracing the moment.I found Julie's honesty refreshing and the felt that the addition of Matt(Optimist)'s narrative to the story really helped me keep perspective of how remarkable of an adventure this was.I highly recommend this book to anyone interested in long distance hiking and self exploration.0 of 0 people found the following review helpful. I really enjoyed reading the CDT adventures of Stopwatch and OptimistBy D.C. ReisI really enjoyed reading the CDT adventures of Stopwatch and Optimist. It was a book about the trail, overcoming challenges, appreciating the magic of trail angels, and the devotion and commitment of two people who journeyed together as husband and wife. As I read through each chapter (alternating between Stopwatch and Optimist), I felt as though I was part of their journey and experiencing trail life from the comforts of my own living room! Congratulations to you both for making your dream a reality and for sharing your experiences with others. I recommend this book to anyone interested in learning about and understanding what it takes to hike the (at times unforgiving) Continental Divide Trail.

What is it like to hike the length of the Continental Divide Trail? For Matt and Julie, also known as Optimist and Stopwatch, life on the trail meant twenty-seven days without seeing another hiker, six bears encountered within fifteen hours, two sets of maps, a GPS, and a compass to find the trail, and both wildfires and massive flooding to add to the adventure. Hiking the trail also meant a dramatic shift in perspective, a strengthening of love and friendship, and a redefining of the journey. This is the story of the couple's 3,000 mile walk on the Continental Divide Trail, through New Mexico, Colorado, Wyoming, Idaho, and Montana. Both Optimist and Stopwatch play a role in narrating the story, revealing how differently they both think and act in the face of challenges but also how well they work together to complement each other. Few people know about the Continental Divide Trail and even fewer have hiked the entire length of it, creating an air of mystery surrounding the trail. Optimist and Stopwatch explore the many layers of the trail life on the Continental Divide Trail as they make their way over desolate terrain, eventually finding solace in the very aspects of the trail that made them question their desire to ever take on such a challenge.

About the AuthorBoth Ohio natives, Matt and Julie have traveled much of the world together, all the while finding a way to incorporate an adventurous twist. In addition to the Continental Divide Trail, together they have completed the Pacific Crest Trail, the Appalachian Trail, and the Colorado Trail (2007, 2011, 2012). When they are not hiking they are usually running, constantly striving to push the boundaries of distance and time from the mile up to 100 miles. Matt is undoubtedly the impetus and ideas guy behind their adventures, while Julie is the logistical mastermind that keeps them both grounded and prepared to take on every adventure. They currently live in Seattle, Washington. To read more about their past, current, and upcoming adventures, as well as to view pictures from all their thru-hikes, visit their website at urbyville.com. Julies other works include *The Trail Life: How I Loved it, Hated it, and Learned from it*, a book about her first long-distance hiking experiences on the Pacific Crest Trail, and *Between a Rock and a White Blaze: Searching for Significance on the Appalachian Trail*.